

Week Commencing: 5th Sept – 26th September – 17th October – 14th November – 5th December 2022 Week 1 MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY **Battered Fish** Sausage Rolls Homemade **Roast Beef** Homemade **Chipped Potatoes** Meal 1 Seasoned Wedges **Roast Potatoes Chicken Curry** Lasagne **Boiled Rice Baked Beans** With **Cauliflower/Carrots Baked Beans Garlic Bread Yorkshire Pudding** Naan Bread Gravy **Cheesy Pasta Vegetable Burger Non-Meat Alternative Cheese Pasty** Nut Roast **Quorn Curry** With **Garlic Bread** Meal 2 **Chicken Nuggets BBO** Chicken **Chicken Burger Roast Chicken Beef Burrito Boiled Rice** With Rice and Salad In a Bun **Quick Picks Bar** Pizza Pizza Pizza Pizza **Southern Fried** Monday to Thursday Sausage Baps Paninis **Chicken Strips Chicken Joe Ouesadillas Cheese Toasties Sausage Rolls Chicken Chunk Hot Dogs Filled Baked Potatoes Filled Baked Potatoes Filled Baked Potatoes Wraps Filled Baked Potatoes** A Selection of Sandwiches, Baked Potatoes, Cakes, Biscuits and Fresh Fruit are available daily.

A Selection of Sandwiches, Baked Potatoes, Cakes, Biscuits and Fresh Fruit are available daily. Salad Bar/Subway Bar available Monday to Thursday. Menus are subject to availability For Allergen Information please speak to a member of the catering staff



Week Commencing: 12th September – 3rd October – 31st October – 21st November – 12th December 2022 Week 2 MONDAY TUESDAY THURSDAY WEDNESDAY FRIDAY Meal 1 **Fish Fingers Beef Bolognaise Roast Beef Beef Chilli Battered Fish Chipped Potatoes** Pasta **Roast Potatoes** With Rice and **Garlic Bread** Tortillas **Baked Beans Yorkshire Pudding Broccoli/Carrots** Gravy **Non-Meat Alternative** Margaretta Pizza **Mac and Cheese** Nut Roast **Cheese and Tomato Southern Fried** With Garlic Bread **Quorn Burger** Pasta Bake Meal 2 Meatball **Roast Chicken** Chicken Tikka **Chicken Burger** Sausages Wedges With With **Baked Beans** Pasta **Boiled Rice Naan Bread Quick Picks Bar** Pizza Pizza Pizza **Chicken Nuggets** Pizza Monday to Thursday Quesadillas **Tuna Pasta Paninis** Chicken Joe **Cheese Toasties** Sausage Roll Cheeseburger Sausage Bap **Filled Baked Potatoes** A Selection of Sandwiches, Baked Potatoes, Cakes, Biscuits and Fresh Fruit are available daily. Quick Picks Bar available Monday to Thursday. Menus are subject to availability For Allergen Information please speak to a member of the catering staff



Week Commencing 19th September – 10th October – 7th November – 28th November – 19th December 2022

| - | Week 3 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------|----------------------|-------------------|-------------------|-----------------------|---------------|-----------------------|
| 11 | | Chicken Goujons | BBQ Chicken Pasta | Roast Pork | Sausage | Battered Fish |
| 11 | Meal 1 | Seasoned Wedges | Garlic Bread | Roast Potatoes | Mash Potato | Chipped Potatoes |
| ~ | | Baked Beans | | Yorkshire Pudding | Peas | Baked Beans |
| | | | | Carrots/Broccoli | Gravy | |
| Y | | | | Gravy | | |
| W > | | | | | | |
| | Non-Meat Alternative | Cheese Pasty | Cheese and Tomato | Nut Roast | Quorn Sausage | Vegetable Burger in a |
| | | | Pasta Bake | | | Bun |
| ~ | | | With Garlic Bread | | | |
| | Meal 2 | Mozzarella Sticks | Chicken Kebab | Roast Chicken | Steak Pie | Cheeseburger |
| D. | | | Savoury Rice | | | |
| 1 Sil | Quick Picks | Pizza | Pizza | Pizza | Pizza | Southern Fried |
| 14414 | | Chicken Burger | Chicken Joe | Paninis | Quesadillas | Chicken Strips |
| - We Ka | | Sausage Rolls | Cheese Toasties | Southern Fried | Hotdogs | |
| | | | | Chicken Wraps | | |

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Week Commencing: 5th September – 17th October – 14th November – 5th December 2022

| | Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
|------|--------|-----------------|-----------------------|-----------------------|------------------------------|------------------|
| _ | | Sausage Rolls | Chicken Joe | Meatballs with Pasta | Chicken Curry | Battered Fish |
| 87 | HUB | Seasoned Wedges | *** | *** | Rice | Chipped Potatoes |
| Ā | | Baked Beans | Cheese and Tomato | Pizza | Naan Bread | Baked Beans |
| | | *** | Pasta Bake | *** | *** | *** |
| | | Chicken Nuggets | With Garlic Bread | Paninis | Beef Burrito | Southern Fried |
| | | *** | *** | *** | With Rice and Salad | Quorn Burger |
| _ | | Cheese Pizza | BBQ Chicken | Filled Baked Potatoes | | *** |
| | | | Boiled Rice | | A Selection of | Chicken Burger |
| | | | *** | | Quesadillas | _ |
| iil. | | | Filled Baked Potatoes | | Filled Baked Potatoes | |
| 1 | | | | | | |
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A Selection of Sandwiches, Baked Potatoes, Cakes, Biscuits and Fresh Fruit are available daily. Menus are subject to availability For Allergen Information please speak to a member of the catering staff



Week Commencing:12th September – 31st October – 21st November – 12th December 2022

| | Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday | | |
|---|--|-----------------------|-----------------------|------------------------|--------------------|------------------|--|--|
| | | Sausages | Beef Bolognaise | Sausage Rolls | Chicken Tikka | Battered Fish | | |
| 1 | HUB | Wedges | Pasta | Potato Wedges | With | Chipped Potatoes | | |
| | | Baked Beans | Garlic Bread | Baked Beans | Boiled Rice | Baked Beans | | |
| | | *** | *** | *** | Naan Bread | *** | | |
| | | Pizza | Pizza | Cheese Pasty | *** | Cheeseburger | | |
| | / | *** | *** | *** | Cheese and Tomato | *** | | |
| / | 2 | Fish Fingers | Quesadillas | A Selection of Paninis | Pasta Bake | Southern Fried | | |
| | | *** | *** | *** | With Garlic Bread | Chicken Chunks | | |
| | | Filled Baked Potatoes | Filled Baked Potatoes | Filled Baked Potatoes | *** | | | |
| 3 | P | | | | Chicken Joe | | | |
| | A Selection of Sandwiches, Baked Potatoes, Cakes, Biscuits and Fresh Fruit are available daily. | | | | | | | |
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| | Menus are subject to availability | | | | | | | |

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| Week Commencing: 19 th September – 10 th October – 7 th November – 28 th November – 19 th December 022 | | | | | | | |
|---|--|--|--|---|---|--|--|
| Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday | | |
| HUB | Quorn Goujons Seasoned Wedges Baked Beans *** Cheese Pasty *** Mozzarella Sticks Served with Nachos and Cheese *** Filled Baked Potatoes | BBQ Chicken Pasta Garlic Bread *** Cheese and Tomato Pasta Bake With Garlic Bread *** Chicken Joe *** Filled Baked Potatoes | Sausage Roll With Seasoned Wedges Baked Beans *** Pizza *** A Selection of Paninis *** Filled Baked Potatoes | Meatballs In Tomato Sauce With Pasta *** Pasta with Sauce *** Hot Dogs *** Quesadillas *** Filled Baked Potatoes | Battered Fish Chipped Potatoes Baked Beans *** Vegetable Burger in a Bun *** Chicken Burger *** Southern Fried Chicken Strips | | |
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| Menus are subject to availability | | | | | | | |

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