

# BTEC National Extended Certificate Sport



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## The Sports Industry

- It is the 9<sup>th</sup> Largest industry in the World
- It contributes £39 billion to the UK economy
- Sports clothing and equipment is one of the fastest growing industries in the UK
- Since 2021, there has been a 20% increase in UK employment in the sports and fitness occupations, with an estimated 183,300 currently working in the industry

## Why Study BTEC Sport at Bellerive FCJ Sixth Form?

Staff are well prepared to help you expand your knowledge and understanding through real life scenarios. The department has excellent resources including a modern fitness suite with the latest high-grade equipment.

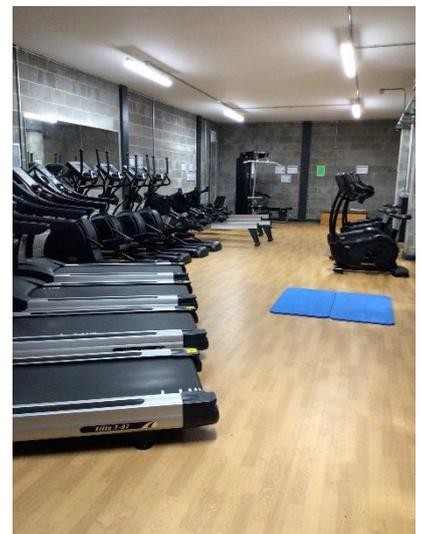
You will gain confidence by developing skills in independent learning, communication, teamwork, and ICT which are highly valued by employers and universities. The opportunity to apply learning in practical and realistic contexts will also be provided through assessing elite performers and personal experiences.

## Opportunities

Students are taught by highly experienced and understanding staff who have all taken part in competitive sport themselves (including international level).

Opportunities to participate and volunteer at extracurricular clubs, which links to work placement.

Links with local Universities to offer opportunities for students to experience work in university Sports Science Labs.



**'Sport has the power to change the world. It has the power to inspire, it has the power to unite people in a way that little else does. It speaks to youth in a language they understand'- Nelson Mandela**

## What will I study?

Unit 1- Anatomy and Physiology

Unit 2- Fitness Training and Programming for Health, Sport and Well-being

Unit 3- Professional Development in the Sports Industry

Unit 5- Application of Fitness Testing

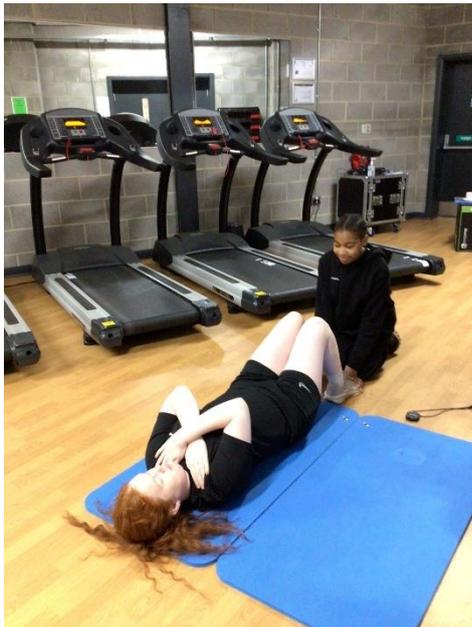
## How will I be assessed?

Two exams (one in Y12 and one in Y13)

Two internally assessed units

## Can I take this course if I have not taken it at GCSE?

Students would need to have an interest, experience and an understanding of PE and Sport.



## What can the course lead onto?

Students can progress onto university courses in the sports and leisure industry such as Physical Education, Sports and Exercise Science and Leisure Management. It can also lead to jobs and employment in sports coaching and sports development.

What previous Bellerive BTEC Sport students have gone onto study/employment:

- Sports Nutrition
- Teaching
- Paramedic Science
- Sports and Exercise Science
- Health care industry

## What do our students said about this subject?

*'I am enjoying studying BTEC Sport and during the course my confidence has improved. This will open many doors in the sporting world which will help me personally as I would like to go into sport professionally once I have finished my education'- Shannon*

*'BTEC Sport has helped me improve my communication and leadership skills. This will help me in the future as I want to study Sports Science. The sports facilities such as the fitness suite has been beneficial for me to improve my fitness and strength'- Cheryl*