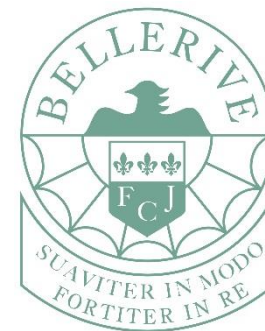


Scheme of work: KS3 Sports Hall Athletics



<p>Subject/Year group</p> <p>KS3 Sports Hall Athletics</p>	<p>Year group/Big picture questions</p> <p>Sprinting events Jumping events Throwing events</p>	<p>In this unit pupil will be taught about (from NC, identify core knowledge to be delivered)</p> <p>Develop their technique and improve their performance in competitive sports. Analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best</p>
<p>Pupils will focus particularly on the following attainment targets (from programme of study)</p> <p>To be able to take part in different sprinting events To know and understand the rules around different jumping events and attempt to take part in these To know how to take part in the shot put To be able to work as a team and take part in a competition to gain points To be able to officiate different events</p>	<p>As FCJ educators, we will focus on the FCJ values by</p> <p>Companionship – working with and listening to others. Dignity – views of others respected this is in respect to officiating and evaluations of techniques. Winning and losing with dignity. Excellence – Strive to be the best they can be and aim to achieve personal bests in each event</p>	<p>We will ensure students skills in reading, writing ,communication and mathematics are enhanced by</p> <p>Understand and use key words relating to: Running: leg and arm action, head position and pacing. Jumping: acceleration, and momentum. Throwing: grip, stance, release and angle of release.</p> <ul style="list-style-type: none"> • Opportunities for pupils to measure and record results. • Communication; Speaking and Listening.
<p>We are supporting progression from KS2 in this unit by</p> <p>Transferring fundamental skills such as running, jumping and throwing to specific athletics events</p>	<p>We are supporting progression to KS4 in this unit by</p> <p>Enhancing their knowledge and ability in athletics events that can be transferred into outdoor athletics events.</p>	<p>Assessment opportunities</p> <p>Observation of performance Times and distances recorded Questioning Self and peer assessment with opportunities to implement strategies for improvement.</p>