

# Bellerive FCJ Catholic College



Department: BTEC Tech Level 1 and 2 Sport

Year Group: 10

Term	Learning Focus	Key Knowledge and Skills	Assessment	Challenge and Enrichment
Autumn term	<b>Component 1- Preparing Participants to Take Part in Sport and Physical Activity</b>	<p><b>Component 1</b></p> <p>Learning outcomes:</p> <p><b>A- Explore types and provision of sport and physical activity for different types of participant</b></p> <p>A1 Types and providers of sport and physical activities</p> <p>A2 Types and needs of sport and physical activity participants</p> <p>A3 Barriers to participation in sport and physical activity for different types of participant</p> <p>A4 Methods to address barriers to participation in sport and physical activity for different types of participant</p> <p><b>B-Examine equipment and technology required for participants to use when taking part in sport and physical activity</b></p> <p>B1 Different types of sports clothing and equipment required for participation in sport and physical activity</p> <p>B2 Different types of technology and their benefits to improve sport and physical activity participation and performance</p> <p>B3 The limitations of using technology in sport and physical activity</p> <p><b>C-Be able to prepare participants to take part in sport and physical activity.</b></p> <p>C1 Planning a warm-up</p> <p>C2 Adapting a warm-up for different categories of participants and different types of physical activities</p>	Assessments of learning outcomes A-C based on a set example scenario from past papers	<p>Extracurricular clubs for a wide range of sports and activities</p> <p>Opportunities to take part in competitions at different levels :</p> <ul style="list-style-type: none"> <li>• Local city</li> <li>• Local LSSP</li> <li>• County</li> </ul> <p>Opportunities to assist with extracurricular clubs for KS3 students</p> <p>Opportunity to take part in a sports leaders programme and gain a Level 1 multi skills qualification and first aid certificate</p> <p>Research into sports provisions in the local area</p> <p>Research into different types of sports, outdoor activities and fitness activities</p> <p>Research into equipment and technology for different sports and activities</p>

		C3 Delivering a warm-up to prepare participants for physical activity	
Spring term	<b>Component 1</b>	Build upon knowledge and understanding of learning outcomes A-C Be able to apply knowledge and understanding to Pearson set assignment	<b>Component 1:</b> Non-exam internal assessment set by Pearson
Summer term	<b>Component 2 Taking Part and Improving Other Participants Sporting Performance</b>	<p><b>Component 2</b></p> <p><b>A-Understand how different components of fitness are used in different physical activities</b></p> <p>A1 Components of physical fitness A2 Components of skill-related fitness</p> <p><b>B-Be able to participate in sport and understand the roles and responsibilities of officials</b></p> <p>B1 Techniques, strategies and fitness required for different sports B2 Officials in sport B3 Rules and regulations in sports</p> <p><b>C-Demonstrate ways to improve participants sporting techniques</b></p> <p>C1 Planning drills and conditioned practices to develop participants' sporting skills C2 Drills to improve sporting performance</p>	Assessments of learning outcomes A and B based on a set example scenario from past papers