

| Term | Learning Focus | Key knowledge and Skills | Assessment | Challenge and Enrichment |
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| Autumn 1 | Component 2B - The obstacles individuals requiring care may face | B3 How individuals may face obstacles to accessing care such as emotional/psychological factors, time constraints, lack of support or resources, disability or addiction. B4 The benefits to individuals of the skills, attributes and values in health and social care practice | PSA Component 2 Tasks 1, 2 and 3 | Prepare ppt presentation on barriers and obstacles to accessing HSC service, to deliver to class |
| Autumn 2 | Component 3A - Factors that affect health and wellbeing | Preparation for PSA assessment of Component 2 in November. A1 Factors affecting health and wellbeing including physical, lifestyle, social, cultural, economic and environmental factors. The impact of physical events, relationship changes and life circumstances on health and wellbeing. | Progress test 2B LA3 and LA4 PSA Component 2 Tasks 4 and 5 | Literacy challenges based on command words- (1) label, identify, state (2) describe, define (3) compare, explain (4) assess, evaluate |
| Spring 1 | Component 3B - Interpreting health indicators | B1 Physiological indicators such as resting heart rate, recovery rate, blood pressure and body mass index. The significance of abnormal readings. B2 Lifestyle indicators including nutrition, exercise, smoking, alcohol and substance misuse. | Progress test 3A | Numeracy challenges based on physiological indicators- (1) recording data (2) processing data (3) data interpretation (4) data analysis |
| | Component 3C – Person-centred approach to | C1 The importance of considering needs, wishes and circumstances in the person-centred approach to care. The benefits of the person- | Progress test 3B | |

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| | improving health and wellbeing | centred approach to the service user and the service provider. | | |
| Spring 2 | Component 3C - Person-centred approach to improving health and wellbeing | C2 Established recommendations and actions to improve health and wellbeing and the formal and informal support available. C3 Barriers and obstacles to following recommendations | Progress test 3C | Past paper completion |
| Summer 1 | | Revision | Component 3 Examination | |
| Summer 2 | | Revision | Examinations | |