

Term	Learning Focus	Key knowledge and Skills	Assessment	Challenge and Enrichment
Autumn 1	Unit 1 Learning Aim A1	PIES growth and development across the seven life stages.	Assessment test – Unit 1 Learning Aim A1	Literacy challenges based on command words- (1) label, identify, state (2) describe, define (3) compare, explain (4) assess, evaluate
	Unit 2 Learning Aims A1, A2, A3, B2	Cells, tissues organs, respiration, energy metabolism, respiratory system.		
	Unit 2 Learning Aims B1, B4, B5, B6	Structure and function of the cardiovascular, endocrine and renal systems.	Assessment test – Unit 2 Learning Aims B1	
Autumn 2	Unit 1 Learning Aims B1, B2 and B3	Factors affecting growth and development.		Literacy challenge - read a book from the HSC library. Write a synopsis of the book to display on the noticeboard.
	Unit 2 Learning Aims B3, A4	Structure and function of central, peripheral and autonomic nervous systems. Homeostatic mechanisms – thermoregulation, blood glucose regulation, osmoregulation.	Assessment test – Unit 2 Learning Aims A1.1, A2.1, A3.1, A3.2, A3.3, B2.1, B2.2	
	Unit 2 Learning Aims B4, B5	Adrenal glands – fight or flight, blood pressure regulation Structure and function of the musculoskeletal system.	Assessment test – Unit 2 Learning Aims B4 and B5	
Spring 1	Unit 1 Learning Aims C1 and C2	Prevalent health conditions	Mock examination	

	Unit 2 Learning Aims B6, C1.3	Structure and function of the digestive system. Disorders – COPD.		
	Unit 2 Learning Aims B6, C1.1	Structure and function of the immune, lymphatic and reproductive systems. Disorders – coronary heart disease.		
Spring 2	Unit 1 Learning Aims C3 and C4 Unit 2 Learning Aims C1.4, C1.5, C1.6 and C1.7 Unit 2 Learning Aims C1.2, C1.8 Units 1 and 2	HSC professionals Disorders - asthma, diabetes, Alzheimer's, vascular dementia, acquired brain injury. Stroke, breast cancer, bowel cancer, lung cancer. Examination revision, walkthrough and practice.	Assessment test - Unit 1 Learning Aims C3 and C4 Assessment test – Unit 2 Learning Aim C	Prepare an information booklet on either: (1) Careers in the Health and Social Care Sector Or (2) Diagnosis and treatment of breast, bowel and lung cancer.
Summer 1		Examination revision, walkthrough and practice.	Unit 1 Examination Unit 2 Examination	
Summer 2	Unit 3 Learning Aims A1, A2, A3 Unit 7	Principles of Health and Social Care – values, person-centred care, communication.		Independent research into styles of referencing, e.g. Harvard.

	Learning Aims A1, A2, A3	Health Science – microorganisms, conditions for growth and control.		
	Learning Aims B1, B2, B3	Health Science – non-specific defence, humoral immunity, inflammation mechanisms, leukocytes, community immunity, vaccination, transmission routes.	Assessment test - Unit 3 Learning Aims A1, A2, A3 Assessment test – Unit 7 Learning Aims A1, A2, A3 Learning Aims B1, B2, B3	