

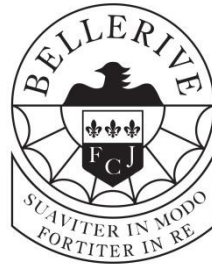


Week Commencing: 2nd September – 23rd September – 14th October -11th November – 2nd December 2019

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meal 1	Homemade Beef Curry Boiled Rice Naan Bread	Homemade Spaghetti Bolognese Garlic Bread	Roast Chicken With Stuffing Gravy	Sausages With Creamed Potatoes Carrots and Gravy	Battered Fish Chipped Potatoes Baked Beans
Non-Meat Alternative	Vegetable Curry	Cheese & Tomato Pasta Bake	Quorn Fillet in Gravy	Quorn Sausage	Vegetable Burger
Meal 2	Cheese Pizza Potato Wedges	BBQ Chicken Boiled Rice	Roast Beef	Homemade Cottage Pie	Chicken Burger In a Bun
Quick Picks	Meatballs with Pasta	Quesadillas	Paninis	Chicken Joe	Southern Fried Chicken Strips

A Selection of Sandwiches, Baked Potatoes, Cakes, Biscuits and Fresh Fruit are available daily. Salad Bar/Subway Bar available Monday to Thursday. Menus are subject to availability

For Allergen Information please speak to a member of the catering staff



Week Commencing: 9th September – 30th September – 21st October – 18th November – 9th December 2019

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meal 1	All Day Breakfast (Sausage, Bacon, Egg, Hash Brown, Baked Beans, Toast)	Homemade Lasagne With Garlic Bread	Roast Chicken Roast Potatoes Yorkshire Pudding Cauliflower/Peas	Homemade Steak Pie Creamed Potatoes With Gravy	Battered Fish Chipped Potatoes Baked Beans
Non-Meat Alternative	Vegetarian All Day Breakfast	Vegetable & Rice Enchiladas	Quorn Pieces in Gravy	Vegetable Pie	Southern Fried Quorn Burger
Meal 2	All Day Breakfast	Breaded Chicken Potato Wedges Peas	Roast Pork	Jerk Chicken With Boiled Rice	Cheese Burger
Quick Picks	Quesadillas	Meatballs	Paninis	Chicken Joe	Curry and Rice

A Selection of Sandwiches, Baked Potatoes, Cakes, Biscuits and Fresh Fruit are available daily. Salad Bar/Subway Bar available Monday to Thursday. Menus are subject to availability

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Week Commencing: 16th September – 7th October – 4th November – 25th November – 16th December 2019

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meal 1	Sausage Rolls Potato Wedges Baked Beans	Homemade Minced Beef Pie Creamed Potatoes Peas & Gravy	Roast Chicken Roast Potatoes Yorkshire Pudding Cauliflower/Broccoli	Chicken Curry Boiled Rice Naan Bread	Battered Fish Chipped Potatoes Baked Beans
Non-Meat Alternative	Vegetable Lasagne With Garlic Bread	Quorn Sausage	Nut Roast	Mac and Cheese	Vegetable Burger in a Bun
Meal 2	Cheese Pasty	Sausages Creamed Potatoes	Roast Beef	Sweet & Sour Pork With Boiled Rice	Chicken Burger
Quick Picks	Chicken Joe	Meatballs	Paninis	Pizza	Curry and Rice

A Selection of Sandwiches, Baked Potatoes, Cakes, Biscuits and Fresh Fruit are available daily. Salad Bar/Subway Bar available Monday to Thursday. Menus are subject to availability

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